



# SAI HOME & COMMUNITY CARE

2018 SERVICE LIST

## Home Care

- Cooking
- Domestic cleaning
- Laundry and Ironing
- Gardens, pruning & lawns
- Home maintenance
- Safety improvements
- Spring cleaning
- Decluttering

## Lifestyle Support

- Assisting with cooking & shopping
- Social outing companion
- Assisting with appointments, correspondence and paperwork
- Accompanying to leisure activities and classes
- Holidays assistant/companion
- Overnight support
- Respite care
- Agestrong wellbeing program at SAI Lifestyle and Wellbeing Centre

## Personal Care

- Assistance with:
- Dressing and grooming
  - Showering & continence management
  - Medication monitoring
  - Transfer assistance
  - Retiring to bed in the evening
  - Podiatry
  - Hairdressing & Beauty
  - Massage

Call 8785 0999  
24/7 service

## Clinical Nursing Care

- Clinical assessments
- Wound, diabetes, pain, skin, oxygen management
- Medication management
- Post-acute care
- Transitional Care support programs
- Dementia Care and support
- Care planning
- Palliation at home

## Transport to:

- Medical appointments
- GP
- Podiatrist
- Physiotherapy
- Scans
- Hydrotherapy
- Dentist
- Shopping
- Hairdresser
- Social Outings
- Swimming Pool
- Community Groups
- Counselling
- Exercise Classes
- Post Office
- Library

## Individual Support & Capacity building

- Assistance with plan review meetings
- Support Co-ordination
- Community integration
- Teaching and empowering daily life skills
- Hobbies and goal planning



Please contact us for a complimentary care consultation.  
We are an approved provider of services for: Australian Govt.  
Home Care Packages, NDIS, TAC & Cabcharge